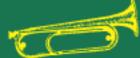
BUGLE





The best activities guide around!

AUGUST 2005





NATIONAL KIDSDAY provides an opportunity for parents and youth to interact by spending quality time in a positive environment, and enjoying games, entertainment and a variety of activities and programs throughout the day.

In addition to free train rides, sack races, face painting, a dunk tank, climbing wall, bouncy castle, and a variety of booths offering various programs and free giveaways, here are some

special things to enjoy:

1315 - 1400

enjoy songs in both English and Japanese by 10-year old Sara Kawakami and the band "You Shock the Panda" Sara also plays drums, and has appeared on NHK television several times, one of Japan's major news stations. You won't be disappointed in her energetic performance.

1400 and 1700 door prize drawings for both youth and adults

One of the major door prize drawings for adults (2 people) is a two-night stay to include two dinners and two breakfasts at the Fujiya Hotel located in the beautiful setting of Hakone.

PLAN TO BE A PART OF THE 6 AUGUST CELEBRATION WHERE YOU CAN ENJOY NATIONAL KIDSDAY AND THE BON ODOR! FESTIVAL ON THE SAME DAY.



August 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CAMP IN	Yokohama Fireworks Tour	• Family Night Dinner CZCC	Mechanics Club Auto Craft Mongolian BBQ CZCC Tokyo Disneyland/ DisneySea Tour	4	NFL Pre-Season Practice at Tokyo Dome Tour Tokyo La Qua Trip YS 70's and 80's Music Sagami Lounge Tomodachi Day CZGC	• National KidsDay • S • Bon Odori Festival
• King of the Hill Tournament Bowling • Kanazawa Zoo and Bayside Marina Tour • Fuji Area and Shiraito Falls Tour	• Nichibei Friendship Golf Tournament CZGC	PAC Meeting SHA CDC Family Night Dinner CZCC	Mongolian BBQ CZCC Automotive Servicing Auto Craft Summer Camp at Misawa YS	Deployment Readiness Support Group ACS Sponsorship Training ACS Pre-deployment and Ongoing Readiness Training ACS	• Country Music Sagami Lounge	Vokohama Bay Cruise and Kirin Beer Tour Family Night Bowling Sagami Lounge Zoo Rasia at Night Tour
• CCD and Volunteers Sign up Chapel • New Sanno Brunch and Tokyo Free Time Tour • Jogashima Island Tour	• Izu Peninsula Beach Trip YS • "Rambling Road Trip" Chapel —	- AER/Financial/Employment Class ACS - Bob Nixon Show CCC - Newcomer's Orientation CCC	• Medical Morning and Community Tour ACS • Mechanics Club Auto Craft • PAC Meeting Zama CDC • Mongolian BBQ CZCC	Train Class Part I ACS English Teachers Network ACS	19 • Toshimaen Trip YS • Shopping on the Economy ACS • Community Night • Tomodachi Day CZCC • Parents Night Out SHA CDC	Cosmic Bowling Party Bowling Summer Slam BBQ II Sagami Lounge Open Invitational Softball Tournament Sports Train Class Part II ACS
"No Tap Marathon Tournament" Bowling CCD and Volunteers Sign up Chapel Open Invitational Softball Tournament Sports	22	• Family Night Dinner CZCC • World Expo Trip YS	• Back to School Family Night CZCC • Mongolian BBQ CZCC • Community - Automotive Servicing ACS	• Baby Love Seminar ACS	• Tomodachi Day CZGC • Nagashima Spaland YS • Fuji Fire Festival Tour • Country Music Sagami Lounge	Men's Breakfast Fellowship CZGC Nature Bird Walk W/Susan ODR Asakusa Samba Festival Tour
CCD and Volunteers Sign up Chape Picking BBQ and Winery Tour Nihondaira Municipal Zoo Tour	Tomodachi Day CZGC Parenting Skills Workshop ACS	Christmas Lottery Drawing CZCC Family Night Dinner CZCC	• Mongolian BBQ CZCC	Golf Club CCommunity7-Person SoNewcomer's	EVENTS: Bazaar - 3 - 4 Septer hampionship - 3 - 5 September ocer Tournament - 10 Gorientation - 20 Sepautification Awards -	September) September otember





The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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THIS MONTH'S COVER

Our Camp Zama traditional Bon Odori Friendship Festival will be held 11 am - 9:30 pm, Saturday, 6 August, with our Japan Ground Self Defense 4th Engineer Group as cohost. We expect an attendance of 20,000 plus of our host nation neighbors and friends to enjoy the numerous booths, the large variety of foods, souvenirs, rides, games, entertainment and music. The popular event will end with a dazzling fireworks display. Wear your "Yukata" and join the dancers around the Bon Tower, and bring your camera to record the event to show the folks back home. See our Bugle centerfold for details.

Photo credit 78th Signal Bn, VID, Mr. Yuichi Imada. Technical enhancement by Hideko McKeta.



■ Community Cultural Center • 263-3939

Ballet, Jazz, Piano and Ball Room Dance classes will begin soon. For registration, call 263-3939.

CLASSES

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is \$6,500 per month.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is \quan 8,000 for adults and \quan 7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The



cost is \$50 per person or \$35 per person for more than one person from the same family.

FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center has sound equipment, costumes, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

"See the Bugle for the advertisement".

Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

• Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• The Camp Zama DJ Club

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

Important: All parents must bring a copy of a current physical to the Resources and Referral Office, Building #533, for all youth participating in any season team youth sports activity. If you do not have a current physical you will not be allowed to register.

Flag Football and Football Cheerleading . So

Season dates: 13 August - 17 September Cheerleading age groups: 5 - 9 and 10 - 15 Football age groups: 7 - 10, 11 - 15 and 5 - 6 (if we get 30 in this age group).

he Tech Club

is open to all youth services

Tuesdays at 3:30 pm in the

Tech Lab. With professional

equipment and software, Tech

Lab members learn life skills

and get hands-on experience

producing video commercials,

having photo shoots, creating

web pages and web sites, and

producing graphic designs.

by making, editing and

members and meets on

In-line Hockey Clinic Registration Clinic dates:

8 August (4 - 5 pm) and 10, 12 August (5 - 6:30 pm) Clinic location: Camp Zama Hockey Rink

Registration dates: Began 1 Jul - 2 Sep Season dates: 24 Sep - 12 Nov Age groups: 3 - 4, 5 - 6, 7 - 8, 9 - 10, 11 - 12, 13 - 15 and 11 - 15 (girls)

Swim Registration

Registration dates: Began 1 Jul - 30 Aug Season dates: 3 Sep - 3 Dec

Flag Football and Cheerleading Picture Saturday, 27 August, at the football field (time TBA)

Youth Center August Activities

Tokyo La Qua - 5 August

Did you know there is an amusement park in the Tokyo Dome? The youth center will be providing a bus to La Qua, and at least 10 youth must sign up at the Resource and Referral Office and pay the \$35 fee. A bus will depart the youth center at 10 am and return at 7 pm.

A reminder that the Zama Youth Center will be closed for Bon Odori. Also, in conjunction with Bon Odori, youth services will be conducting National Kidsday. Stop by the gazebo area for great giveaways and some fun outdoor games. Every parent who accompanies a child on our train rides will be given a raffle ticket for some great prizes.

• Izu Peninsula Beach Trip - 15 August
The youth center will be traveling to the nice clear water beaches of Izu and doing some BBQing. There is just a \$20 sign up fee due at the Resource and Referral Office by 8 August. A minimum of 10 participants are needed for this trip.

If you like getting wet and riding roller coasters then this trip is for you. Toshimaen offers a thrilling roller coaster and slippery water slides for your enjoyment. We are taking 35 teens who sign up first at the Resource and Referral Office by 12 August. There is a \$35 charge which includes admission and transportation.

• Nagashima Spaland - 26 August

The youth center is offering Zama teens one last thrill before school begins. Nagashima Spaland is located in Mie, near Osaka. It has one of the world's fastest and tallest roller coaster, plus numerous other exciting rides. The fee is only \$45 which includes admission and transportation. At least 10 youth are needed for this trip. Sign ups are due 19 August. The bus will depart at 4 am and return at approximately 11 pm.

■ Child Development Center · 2676564

SAGAMIHARA HOUSING AREA

• SHA CDC PAC Meeting (for patrons only) will be held on Tuesday, 9 August, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.

• Parents Night Out

SHA CDC hourly care is offering a special Friday "Parents Night Out", 19 August, 6:30 - 11:30 pm.

Call the Resource and Referral Office at 263-4743/4125 NLT 17 August.

- Hourly care fee must be paid in advance at the Resource and Referral Office.
- Payment or cancellation must be made by 17 August or no refunds.
- Your child must be registered in the CYS program and immunizations must be up to date.
- Must have 15 participants.
- Field Trips (for Pre School, Pre-Kindergarten):
- a. Kamiseya Indoor Play Equipment Friday, 5 August, 9 am - 3 pm
- b. Atsugi Natural Disaster Center Thursday, 11 August, 9 am - 3 pm

c. Machida Squirrel Garden Friday, 19 August, 9 am - 2 pm

For more information, please call Amelia Lazo-Ramos, 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• PAC meeting at Zama Child Development Center, Wednesday, 17 August, 3:30 - 4:30 pm.

- Field Trips (for Pre School, Pre-Kindergarten):
- a. Yokohama Science Center Friday, 12 August, 9 am - 4 pm.
- b. Shonandai Science Center Friday, 19 August, 9 am - 4 pm.
- c. Toshiba Science Center Friday, 26 August, 9 am - 4 pm.

For more information, please call Betty Huebner, 263-8081.





Dod Craft

Open Class will be held 17 September, 10 am - noon and 2 - 4 pm. No fee, but you have to present a DA 3031 Qualification Card.



Arts and Crafts • 263-4412

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

POTTERY CLASSES

We are setting up our new KILN, and we will be operational soon. Class schedules will be announced in the near future.

• "An Open Class for Pottery" will be held on 24 September, 10 am - noon and 2 - 4 pm.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach pottery, and various other arts and crafts. Please contact Mr. Nodera at 263-4412

..... ARTS AND CRAFTS CLASSES

Framing Basic Advance & Refresher	Wednesday	6 - 8 pm Appointment only	\$10 plus materials \$10
Textile Arts	Thursday (1st, 2nd and 3rd)	5 - 7 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday (1st, 2nd and 3rd)	2 pm	\$15 plus materials
Scrap Book Making	Saturday (two minimum registratio	n) 2 pm	\$10
Tole Painting	Thursday and 2nd and 4th Saturda (for beginning and intermediate fo	y 3 - 5 pm lk painters)	\$15

All classes and orientations require registration in advance at the Arts and Crafts Center.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

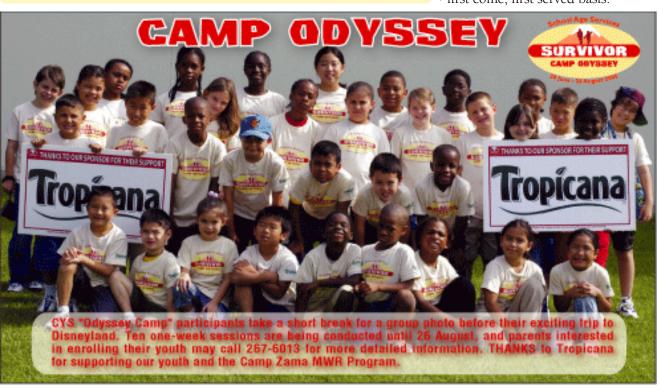
THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.



"See the Bugle for the advertisement".

■ Sports Office • 263-3954/4664

apanese Seitai massage therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11 am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

Upcoming Events: Saturday, 10 September, 7 Person Soccer.

BON ODORI FRIENDSHIP FESTIVAL

The "Dignitary Softball Game" will be held Saturday, 6 August, 2 pm, at the softball field, Camp Zama.

INTRAMURAL FLAG FOOTBALL

Intramural flag football will start in mid September. Units and organizations in the Camp Zama, Sagami Depot, and Sagamihara Housing Area are eligible to enter. Entry deadline is Monday, 5 September, 5 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the players pool. For additional information, call Andy Abear, 263-7980.

LABOR DAY 5K FUN RUN

There will be a Labor Day 5K Fun Run on Saturday, 3 September, 8 am, starting at the Yano Fitness Center. There is no fee for this event. Register at the Yano Fitness Center issue counter by Friday, 2 September, 5 pm. There will be no registration on the day of the race. The packet pick-up is Saturday, 7 -8 am, Yano Fitness Center. Awards will be presented to the top 2 adult men and women per age category. The age categories are, 18 - 29, 30 - 39, 40 - 49, and 50 plus. For additional information, call Andy Abear, 263-7980.

YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 5 - 6:30 pm, at the Music and Theater Workshop, Bldg. 505, and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday).



SUMMER BASKETBALL
TOURNAMENT
1 - 8 August
at the Yano Fitness Center

Open to all (18 years of age and older and not in high school).
The Tournament is free for units/activities from Camp Zama.
All others \$50.

For additional information, please call Andy Abear, 263-7980.

Sign-up at the Yano Fitness Center front desk, 263-4664.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- *Tanning Booth*: \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- *Aqua Massager*: \$5 for 15 minutes
- Jacuzzi, Steam Room and Sauna The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

AQUATICS, 263-5656

• Pool Party Reservations

If you are considering a pool party at any of the pools, please submit a

A new water aerobics program begins in August. See flyer for details!

Call Kimberly Bailes at 263-5656 for more information.

"Pool Party Reservation Request" to the Yano Fitness Center no less than two weeks in advance of the date being requested. Three weeks in advance for after-hours parties is preferred. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability, staffing availability, and it is signed by the director. All applicable fees apply.

Training Reservations for the Swimming Pool

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at Yano Fitness Center. For reservations, submit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be e-mailed upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability, staffing availability, and it is

signed by the aquatics director. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact Kimberly Bailes at 263-5656.

POOL OPENING

Yano Indoor Pool: 263-5037/5656

Mon - Fri: 0600 - 1800 Sat, Sun, Holidays: 1000 - 1800 (unless otherwise posted)

SHA Outdoor Pool: 267-6122

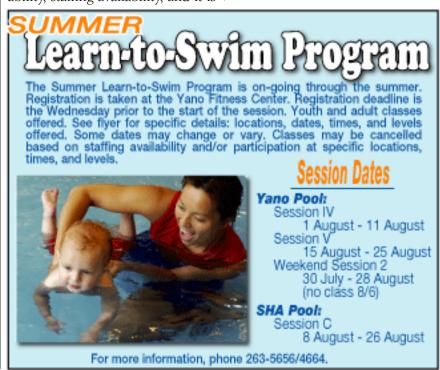
Summer Opening: 20 Jun - 5 Sep Mon, Tue, Fri: 1200 - 1800 Sat and Sun: 1100 - 1800

Depot Outdoor Pool: 268-4840

Wed and Thu: Closed

Summer Opening:

18 June - 27 August Wed - Sat: 1200 - 1800 Sun - Tue: Closed



■ Army Community Service • 263-8327

nformation and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. I&R provides a vital link between people who need help and the organizations which provide that help. For more information, contact Glen Steward at 263-4572.

RELOCATION READINESS 263-2382

• Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 17 August in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• Newcomer's Train Class Parts I and II

Part I will be held on Thursday, 18 August, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach

you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 20 August at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• English Teachers Network

This month's English Teachers Network will meet on 18 August, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• Shopping on the Economy

On 19 August, join our Japanese experts as they show you where to shop. They will provide a guided tour of a local supermarket and take the group on a short train ride to Machida. Bring ¥400 for transportation and extra for purchases. Departs from Gate 4 at 9:45 am. Children are welcome.

• English Language Class

Want to improve your English language skills? A Basic English Language Class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg, 402.

• Japanese Language Class

Classes are cancelled for the month of August and will resume in September.

• Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-2382.

Knitting Class

Classes are cancelled for the month of August and will resume in September



MOBILIZATION AND DEPLOY-MENT PROGRAMS, 263-8089

• Unit Mobilization/Deployment Readiness Training

Today's Army recognizes that family readiness is inseparable from unit readiness. ACS has several Operation R.E.A.D.Y. (Resources for Educating about Deployment and You) training modules and reference materials available for training Army Soldiers, civilian employees and their families who are faced with deployment. Please contact Georgiana Best, ACS Mobilization/ Deployment Program Specialist, at 263-8089 to schedule your unit predeployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• Pre-deployment and Ongoing Readiness Training

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the ACS Outreach Room. Discussions on emotional and practical preparation, communication, family support during deployment, and reunion readiness are all part of this training. In addition, ACS has an abundance of other resources for Camp Zama family members to use.

• Deployment Readiness Support Group

If your spouse is deployed, then Army Community Service is looking for you! Pressures and frustrations often result from lengthy separations, single parenting during a spouse's absence, separation from friends and families, and constant adjustment to varying duty schedules. ACS conducts a support group for family members of deployed Soldiers and civilian employees. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

AFTB, 263-5550

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register. Next Level I classes will be held 26 - 27 September.

AFAP, 263-5550

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto http://

www.mwrjapan.jp.pac.army.mil/ and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

• AER/Financial/Employment

The next First Termer's Class will be held on 16 August in the ACS Community Room, 8:30 am - 3 pm.

FAMILY ADVOCACY PROGRAM 263-8091

• Family Maltreatment Prevention

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327. The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002.

NEW PARENT SUPPORT (NPSP), 263-3638

The NPSP specializes in assisting and offering services to new and expecting parents.

• *Play Morning* on August 9, 11, 16, 18 is CANCELLED.

• Baby Love Seminar

25 August during the SHA CDC Play Morning - "Child Health and Safety".

• Parenting Skills Workshop

Open to the community: 29 August from 10 - 11 am at ACS – "Effective Child Discipline". Call by 26 August to register for the workshop.

• *Breast Feeding Support Group* for August is CANCELLED.

EXCEPTIONAL FAMILY MEMBER PROGRAM

The Camp Zama Exceptional Family Member Program (EFMP) provides advocacy and assistance to service members who have family members with special needs. Any family member who requires special medical or educational services must be enrolled. Medical or educational needs that qualify for enrollment include (but are not limited to) Attention Deficit Hyperactivity Disorder, Asthma, Diabetes, Learning Disorders, Down Syndrome, and Mental Illness, including treatment for anxiety or depression.

COMMUNITY LIFE OFFICE 263-8091

• Volunteer Information

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth.

Community Information Exchange (CIE)

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next meeting is 24 August.

ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.

Volunteer Needed!!!
Interested in being a
volunteer storyteller at
SHA Library? Please call
263-5267.

■ Community Libraries • 263-3517

E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

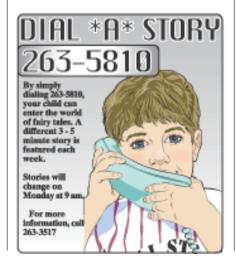
NEW MCNAUGHTON BOOKS

- Blood Brother by Bird, Anne
- How to Cook Everything by Bittman, Mark
- The One Thing You Need to Know by Buckingham, Marcus
- Conspiracy of Fools by Eichenwald, Kurt
- Players by Fields, Bertram
- Taking Heat by Fleischer, Ari
- Extremely Loud and Incredibly Close by Foer, Jonathan Safran
- Men in Black by Levin, Mark
- The Secret Language of Girlfriends

by Neuburger, Karen

- Drama City by Pelecanos, George P.
- Vanishing Acts by Picouly, Jodi
- Dr. Peter Scardino's Prostate Book by Scardino, Peter T.
- Prep by Sittenfield, Curtis
- The Glass Castle by Walls, Jeannette

Check out our web site: http://www.usarj.army.mil/information/zama/mwr/library/index.htm



"See the Bugle for the advertisement".



46th Bon Odori Festival Shuttle Bus Service

SAGAMIHARA FAMILY HOUSING AREA TO CAMP ZAMA									
BUS STOP	#1	#2	#3	#4	#5	#6	#7	#8	#9
B #S-109	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
B #S-308	11:01	12:01	13:01	14:01	15:01	16:01	17:01	18:01	19:01
B #S-525	11:02	12:02	13:02	14:02	15:02	16:02	17:02	18:02	19:02
B #S-545	11:03	12:03	13:03	14:03	15:03	16:03	17:03	18:03	19:03
B #S-611	11:04	12:04	13:04	14:04	15:04	16:04	17:04	18:04	19:04
B #S-456	11:05	12:05	13:05	14:05	15:05	16:05	17:05	18:05	19:05
B #S-236	11:06	12:06	13:06	14:06	15:06	16:06	17:06	18:06	19:06
B #S-200	11:07	12:07	13:07	14:07	15:07	16:07	17:07	18:07	19:07
B #S-104	11:08	12:08	13:08	14:08	15:08	16:08	17:08	18:08	19:08
MEDDAC Parking Lot B#704	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30
CAMP ZAMA TO SAGAMIHA	RA FAM	IIY HOUS	ING ARE	A					
MEDDAC Parking Lot B#704	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30
BLDG #S-109	10:47	11:47	12:47	13:47	14:47	15:47	16:47	17:47	18:47
SAGAMI GENERAL DEPOT TO	CAMP 2	ZAMA							
SGD Bldg #145-27	11:02	12:02	13:02	14:02	15:02	16:02	17:02	18:02	19:02
SGD Bldg #90 T-10	11:03	12:03	13:03	14:03	15:03	16:03	17:03	18:03	19:03
SGD Bldg #80-21	11:04	12:04	13:04	14:04	15:04	16:04	17:04	18:04	19:04
SGD Gate #5	11:05	12:05	13:05	14:05	15:05	16:05	17:05	18:05	19:05
MEDDAC Parking Lot B#704	11:40	12:40	13:40	14:40	15:40	16:40	17:40	18:40	19:40
CAMP ZAMA TO SAGAMI GE	NERAL I	DEPOT							
MEDDAC Parking Lot B#704	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	
SGD Gate 5	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35	
SGD Bldg #90-T-10	11:36	12:36	13:36	14:36	15:36	16:36	17:36	18:36	
SGD Bldg #80-10	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37	
SGD Bldg #145-27	11:38	12:38	13:38	14:38	15:38	16:38	17:38	18:38	
SGD Gate #1	11:40	12:40	13:40	14:40	15:40	16:40	17:40	18:40	

REMARKS: Upon completion of the fireworks display, buses will depart the Camp Zama MEDDAC Parking Lot B#704 for SHA and Sagami Depot as buses are filled. Services will continue as required until gates are closed.

NARITA AIRPORT SHUTTLE BUS SERVICE

Camp Zama personnel who are on PCS, going on TDY, or traveling Space "A" in leave status are reminded to call 263-3772 or visit Room 108, building 102 South Camp Zama, to sign up for the bus to the Narita Airport. Any other special requirements (e.g., pets, special pickup or drop off points) can be coordinated at this time.

Scheduled shuttle bus services are operated between Camp Zama and Sagamihara Family Housing Area daily to the New Tokyo International Airport (Narita) with the following schedule:

Leave Camp Zama	0900	1100	1300
Leave Sagamihara	0930	1130	1330
Leave Narita	1500	1730	1900*

^{*} Departure from the airport may be delayed to pickup passengers arriving on delayed flights.

Pickup points at Camp Zama are at the front entrance of the Guest House (Bldg. 552) and the CZCC parking lot. Pickup point at Sagamihara is in front of the Commissary (Bldg. S-104).

For booking, call 263-3772 or visit Room E-100, Bldg. 102, South Camp Zama.

REMINDER: On the return trip from Narita Airport the busses will be available for loading 30 minutes prior to departure times. Please ensure that you have been manifested for both inbound and outbound trips.





DOR

Camp Zama Friendship Festival Saturday, 6 August 2005 • 1100 - 2130 (Rain Date: Sunday, 7 August 2005)

46TH BON ODORI EVENTS SCHEDULE

- 1100 All Activities and Booths Open
- 1130 Bilateral Youth Activities / Games
- 1200 Youth Friendship Baseball Game
- 1300 and 1600

Taiko Drum Concert

- 1400 Dignitary Softball Game
- 1820 Bon Odori Opening Ceremony and Dancing
- 2030 Fireworks





BY BOB McKETA Director, Commercial Sponsorship

One of the major benefits of being stationed in Japan, and particularly at Camp Zama, is the opportunity to view, and sometimes participate in, a variety of Japanese cultural activities.

The April Cherry Blossom Festival provided insight into some of the ancient traditional activities such as the Japanese Tea Ceremony, Taiko drums, and a beautiful display of Ikebana (flower arranging). Throughout the year, there are also cultural exchange programs and activities coordinated by the Garrison Community Relations Office such as rice planting in one of the local communities. Now, it's Bon Odori season, and for newcomers, a little history of how Bon Odori first started at Camp Zama, and also what the Bon Festival means to the Japanese.

The idea to hold a Bon Odori Festival on the installation developed in 1959 when some ladies from Zama City gave a dance performance on post. At that time, both the Zama City mayor and the Commanding General thought it would be a good way to promote friendship among the communities.

Since the initial dance in 1959, it has become a custom for several Japanese ladies to come on post to give community members Bon Dance lessons before the event. As a result, American Bon Dancers, clad in "yukatas" (a light cotton summer kimono), have increased in number, and their dancing has been a pleasant surprise to the Japanese.

Bon dance lessons are currently being held at the Community Cultural Center, and although they started on 26 July, you still have an opportunity to participate in the remaining two lessons on 2 and 4 August. The sessions are held 1730-1930. For further Bon dance information, phone 263-5455.

Whether you are a Soldier, Department of the Army civilian, or a family member, your participation in this traditional celebration will enhance your understanding of Japan and give you an opportunity to meet and make new friends.

What is the Bon Odori Festival? Bon means the "Lantern Festival" or "Festival of the Dead", and it is usually held for a period of three or four days during the summer season. Bon Odori Festivals are held throughout Japan in memory of the dead, who, according to Buddhist belief, revisit the earth during this period. Lanterns are usually lit for souls of the dead to help them find their way.

Camp Zama is fortunate to partner with the Japan Ground Self Defense Force, 4th Engineer Group, to mutually assist in the conduct of the festival. Over the years, they have provided strong support and leadership as active participants at the major festivals, and this year have expanded their role to jointly partner with Camp Zama to host the festival. They will also have several canopies throughout the festival area, and you are encouraged to stop by and greet them.

Operational hours for the festival are 1100-9:30 pm (both the main gate and gate # 4 open at 1030 pm). There will be youth and adult sports events, games and rides for youth, and booths offering a variety of ethnic foods to include Mexican, Indian, Korean, Italian, Bali, Vietnamese, plus delicious crepes, ice cream and rotisserie chicken.

There will be a Taiko drum concert starting at 1 pm with a performance by the Aun Taiko Group. The concert will be held in one of the large open grass areas centrally located within the Festival site. They will be followed by the Hiratsuka Tanabata Taiko Group at 4 pm. The Sagami Ryuo Taiko Group will provide the music for the Bon dancing which begins at 6:30 pm at the Bon tower located on Rambler Field.

Activities for the festival conclude with a 30-minute fireworks display staring at 8:30 pm. The installation will begin to clear at 9:30 pm.

Plan to be a part of the Obon experience......



Camp Zama Community Club

• 263-4133

Check out Cafe' Roberto's!!! Sandwiches, salads, nachos and pizza are available for your eating

Friday, 19 August, 5 - 8 pm, is "Community Night" in the Firelite Lounge.

pleasure.

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu. A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7

pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try our terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adult: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

Thu Variety Music 8 - 11 pm Fri Karaoke 7 - 10 pm Hip Hop

10 pm - 3 am

Sat Country

8 pm - 2:30 am







LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Monday - Closed **Tuesday**

- 2 French Dip Sandwich
- 9 Baked Herbed Chicken
- 16 Sliced Roasted Turkey w/Stuffing
- 23 Chicken Cacciatore
- 30 Sausage w/Ham Hocks in Sauerkraut

Wednesday

- 3 Oriental Hamburger steak w/Kinoko Oroshi Sauce
- 10 Red Beans w/Sausage and Ham Hocks
- 17 Pork Adobo
- 24 Marbou Nasu
- 31 Goya Champuru (Sauted Bitter Melon and Spam and Eggs)

Thursday

- 4 Pork-N-Shrimp Happou Sai
- 11 Stuffed Cabbage Roll
- 18 Chinese Fried Chicken w/Vinegar Soy Sauce (Yurinchin)
- 25 Pork and Green Pepper Chinese

Friday - Smorgasbord

- 5 BBQ Sliced Beef
 - Baked Chicken
 - Roasted Garlic Potatoes
 - Baked Beans
- 12 Teriyaki Chicken
 - Sweet Sour Pork
 - Fried Gyoza
- 19 Mexican Chicken
 - Beef Taco Bar
 - Fried Chimichangus
- 26 Beef and Broccoli
 - Fried Fish w/Ankake
 - Steamed Shumai
 - Fried Rice



DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed **Tuesday**

- Limited Menu
- Family Night Dinner (Any two meals for \$15)
- Includes Soup and Salad Bar
 - 2 Teriyaki Steak
 - Roasted Chicken
 - Spaghetti Meat Sauce
 - Tonkatsu
 - 9 Chicken Parmeasan w/Pasta
 - Sweet Sour Fish
 - London Broil
 - Chicken Enchiladas
- 16 Bulgoki
 - Marbou Tofu
 - Veal Parmesan w/Pasta
 - Chicken Fajita
- 23 Sliced Roast Beef
 - Chinese Chili Chicken
 - Spaghetti w/Vongole

DINNER MENU

- Chicken Cordon Bleu
- 30 Fried Fish Fillet
 - Beef Broccoli
 - Roasted Chicken
 - Pasta Pescatore

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza, plus Pasta Bar and Salad Bar (\$9.95)

Friday

- Fine Dining
- Regular Menu
- Chef's Special
- 19 USAR-J Community Night

Saturday

- 6 Club Closed (Bon Odori)
 - Fine Dining
 - Regular Menu
 - Prime Rib Dinner
 - 6oz Prime Rib and Shrimp Scampi (\$12.95)

- ChePs Special on Friday evenings plus regular menu. Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night"
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!



ednesday night

is family night (movie for adults and youth).

Sagami Lounge will be closed on Saturday, 6 August, to support the Bon Odori Festival at Camp Zama.



■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 1 Beef Soft Taco
- 8 Spanish Meat Loaf
- 15 Beef Patty Steak w/Bacon
- 22 Chicken Fajitas
- 29 Stuffed Green Pepper and Cabbage Rolls

TUESDAY

- 2 Lasagna w/Garlic Bread
- 9 All-U-Can Eat Italian Buffet
- 16 Pork Cutlet
- 23 All-U-Can Eat Korean Buffet
- 30 Mexican Pork Stew

WEDNESDAY

- 3 Baked Chicken Maryland
- 10 Okinawa Chicken Taco Rice
- 17 Chicken Pot Pie w/Tender Crust
- 24 Swedish Meatballs
- 31 Grilled Cornish Game Hen

THURSDAY

- 4 Pork Loin w/Ginger Sauce
- 11 Cheese Hamburger Steak
- 18 Hawaiian Ham Steak
- 25 BBQ Beef Chicken and Pork Platter

FRIDAY

- 5 Spaghetti Miranase w/Shrimp Sauce
- 12 Fried Seafood Platter
- 19 Hot Tuna Wrap w/Rice Pilaf
- 26 Vegetable Lasagna w/Garlic Bread

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 2 Mexican Dinner Special
- 9 BBQ Dinner Special
- 16 Japanese Dinner Special
- 23 Pizza and Pasta Dinner Special
- 30 Regular Dinner Menu

WEDNESDAY NIGHT

Family night movies for adults and youth (3, 10, 17, 24 and 31 August regular dinner menu).

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 4 French Dinner: Salmon En Crout w/Chicken Katsu
- 11 Korean Dinner:

Beef and Kimchee Saute

- 18 French Dinner:
 Beef Tenderloin Facon
 De Chef
- 25 Italian Dinner:

Pork Saute w/Balsmic Sauce

FRIDAY NIGHT

- 5 Steak and Lobster Tail (\$25)
- 12 Steak Wellington (\$25)
- 19 Steak and Crab Legs (\$25)
- 26 Steak and Shrimp (\$20)

SATURDAY NIGHT (MONGOLIAN BB9)

Saturday, 13, 20 and 27 August (no Mongolian BBQ on 6 August due to Bon Odori Festival at Camp Zama).



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Sundays, 11 am, CCD, Religious Education Center

1st Friday, 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LTJG Pilatto at 243-6477.

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, at the Religious Education center. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International) *Mondays and Fridays*, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Wednesdays, 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

Thursdays, 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

CHAPEL ACTIVITIES IN AUGUST

14, 21, and 28 August, CCD and volunteers sign up after Mass in the chapel courtyard.

15 - 19 August, 9 am - noon, "Rambling Road Trip," Vacation Bible, Religious Education Center, 263-3345.

27 *August*, 6:30 am, Zama Protestant Service Men's Breakfast Fellowship, Camp Zama Golf Course.

"See the Bugle for the advertisement".

■ Camp Zama Golf Club • 263-4224 http://www.usarj.army.mil/information/mwr/business/golf/

Nichibei Friendship Golf Outing. Saturday, 6 August, 8 am, shotgun start. Cost is \$25 for SOFA status golfers plus green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.



MAJOR TOURNAMENT SCHEDULE FOR 2005

Mark your calendars

- Zama Club Championship:3 5 September
- Zama Open: 22 23 October

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Monday, 8 August, shotgun start at 9:30 am. Cost is \$25 for SOFA status members plus green fees for nonmembers. To sign up, contact Ernie Harada at 263-4225 or e-mail: ernie.harada@zama.army.mil.

TOMODACHI DAYS

Tomodachi Days in August are on Fridays the 5th, 19th and 26th, and on Monday the 29th. Up to three of your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

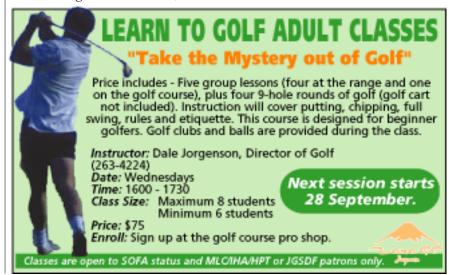
ATTENTION GHIN SUBSCRIBERS

Don't forget to renew your GHIN (Golf Handicap Information Network) annual dues of \$20.

NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.





■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

- *King of the Hill Tournament* Sunday, 7 August, noon 5 pm.
- •Back to School Cosmic Bowling Party

Saturday, 20 August, 7 - 10 pm.

• 9 game 9 pin "No Tap Marathon Tournament"

Sunday, 21 August, bowling starts at noon - 4 pm.

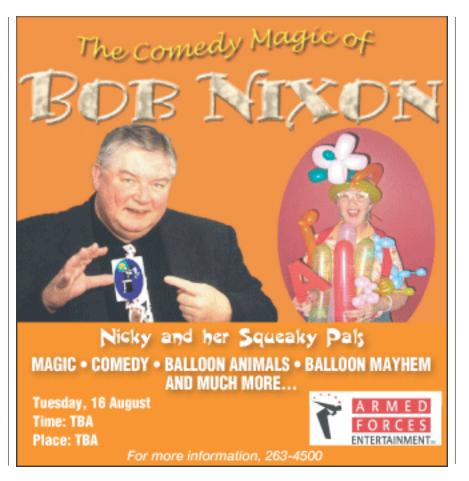
SIGN UP FOR LEAGUES

- Youth League (time and date TBD)
- Monday Night Intramural Mixed Handicap League (time TBD)
- Tuesday Night Friendship Mixed Handicap League (time TBD)
- Tuesday Night Scratch League Thursday Night Petersen Mixed Handicap League (time TBD)
- Friday Night Mixed League (time TBD)

TRAVEL LEAGUE

One Saturday each month starting in October:

- Youth Travel League
- Adult Travel League



"See the Bugle for the advertisement".

(Map location 31) or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours"

YOKOHAMA FIREWORKS

Monday, 1 August

Depart: 3:30 pm • Return: 10:30 pm Late July to early August marks "hanabi", directly translated to "flower fire", season in Japan. Here is your chance to be one of an estimated 50,000 people to view the spectacular Yokohama Port Festival Fireworks! We'll take you to North Dock, located right across the harbor, to enjoy this 60 minute show. Approximately 8,000 different fire works will be displayed at the festival.

Adults/Youths: \$7 • Infants: \$3



■ Outdoor Rec. & Local Tours • 263-4671

...at a glance

office. Our customer service

will be happy to help you out!

August Tours

- · Yokohama Fireworks
- **3** Tokyo Disneyland/DisneySea
- 5 · NFL Pre-Season Practice at Tokyo Dome
- NFL Pre-Season Game at Tokyo Dome
- **→** Kanazawa Zoo & Bayside Marina • Fuji Area & Shiraito Falls
- Zoo Rasia at Night

1

- 13 Yokohama Bay Cruise & Kirin Beer
 - New Sanno Brunch
- **14** & Tokyo Free Time
 - logashima Island
 - · Disney on Ice
 - Chigasaki Beach Party
- Fuji Safari Park
 - Tokyo Area Excursion
- 26 Fuji Fire Festival
- 27 · Asakusa Samba Festival
- Nihondaira Municipal Zoo 28 · Katsunuma Grape Picking BBQ & Winery
 - *Highlighted Tours are listed in bold.

NFL PRE-SEASON PRACTICE AT TOKYO DOME

Friday, 5 August

Depart: 7 am • Return: 3:30 pm If you have already purchased your tickets for the big game day on 6 August, you are invited to this exclusive practice! Don't miss this once-in-a-lifetime chance to possibly meet the teams and get the players autographs!.

Adults/Youths/Infants: \$50



SALT WATER FISHING MAHI MAHI!

Saturday, 13 August

Depart: 4 am • Return: 3:30 pm Sign up by Friday, 24 June! Join us and have fun fishing for Mahi Mahi! If you need to rent a pole at the boathouse, please let the staff at Outdoor Recreation know when you sign up for this trip. You will not be able to purchase lures at the boathouse! Note: Lure fishing ONLY! Limited to 13 participants, ages 12 & up ONLY.

Adults/Youths: \$95



*Icons shows the services/fees included in the cost.



•Guide



Transportation









SUNSET TIME SURFING FOR BEGINNERS

Wednesday, 17 August Depart: 1 pm • Return: 10 pm Sign up by Monday, 8 August Most people pick up on surfing quickly, but there is no guarantee. Beginners are welcome! If you want to learn the art of riding a wave and experience the sensational feel of surfing, this is the tour for you. Designed as an introductory class for beginners, this course will walk through the basic steps of paddling to stading on the board on the sand first. Afterwards, you will learn how to surf on the sea! Note: Participants must have basic swimming skills for this tour.

\$69 w/wetsuit • \$59 w/o wetsuit



DISNEY ON ICE

Infants: \$9

Saturday, 20 August Depart: 3 pm • Return: 8:30 pm Don't miss this magical opportunity to experience the musical comedy, Monsters Inc., on ice! Brought to you by Tokyo Disneyland, this performance is suitable for all ages, both young and old, and will stir up laughter in and touch the hearts of the entire audience. Note: A minimum of 15 participants by Friday, 15 July is required for this tour to proceed. Adults: \$59 • Youths: \$55



MEETINGS

- *All meetings are at 2 pm at the CCC...
- Tuesday, 9 August
- Tuesday, 23 August













Drinks

■ Outdoor Rec. & Local Tours • 263-4671

(Map location 31)

KAYAKING EASY! LAKETANZAWA, HOT SPRINGS & WATERFALL FOR BEGINNERS

Saturday, 20 August

Depart: 6 am • Return: 3:30 pm Because we are using easy sit-on, open-deck kayaks with some simple instructions you will be able to grab a paddle and explore by yourself in a quiet lake surrounded by mountains! After kayaking, we will visit anearby hot spring, and then stop by a beautiful waterfall in a rural village on the way back to Zama. Take some time to relax yourself, enjoy this trip and absorb some of Japan's beautiful nature. Limited to 6 adult participants only.

TOKYO AREA EXCURSION

Sunday, 21 August

Cost: \$55

Depart: 8 am • Return: 6 pm Visit Asakusa-known to tourists as "traditional Japan". Take in everything the area offers - from restaurants to historical Shinto and Buddhist areas such as the Raccoon Dog's Shrine and the Five Story Pagoda. After site seeing in the area, relax onboard a 35 minute cruise along the Sumida River, which underpasses twelve unique bridges. Next we'll take you to Hama Rikyu, once seerving as a residence and duck hunting grounds for the Shogun, as well as a major port for the Edo (Early Tokyo) government.

Adults: \$15 • Youths: \$12

Infants: \$9



FUJI FIRE FESTIVAL

Friday, 26 August Depart: 12 pm • Return: 11 pm The pleasant town of Yoshida, located in the Fuji Five Lakes area, proudly hosts the annual Fuji Fire Festival, which marks the end of Mt. Fuji's two-month climbing season. The festivities begin at Sengen Shrine, where locals perform traditional fire dances and light giant "taimatsus" (cone shaped towers) that burn throughout the area.

Shortly after lighting them, the streets are ablaze and the temperature rises! Many booths selling souvenirs, food and drinks are set up throughout the festival area. Note: This is a moving festival; be prepared to walk and follow the crowd!

Adults: \$15 • Youths: \$12

Infants: \$9

DEEP FOREST NATURE BIRD WALK W/SUSAN-MT.FUJI

Saturday, 27 August

Depart: 5 am • Return: 3 pm Do you want to experience Mt. Fuji withouth the intense hiking? We're giving you the chance to join this trip and hike through the woods at Fuji's fifth station. There are no ups and downs to fret - only level, gentle hiking that is suitable for the little ones, as well. There are so many great sights to see - and animals, too (deer, rabbits, squirrels, birds)!

Adults: \$27 • Youths: \$23

Infants: Free



ASAKUSA SAMBA FESTIVAL

Saturday, 27 August

Depart: 12 pm • Return: 11 pm It's Samba-time in the heart of Tokyo! Be one of the estimated 400,000 people to observe people dancing to a Latino-Brazilian beat in fabulous costumes as they celebrate Japan's version of the Rio Carnival. The annual event features a colorful afternoon parade with elaboratelydecorated floats designed by roughly 40 Samba Groups from all over Japan and some from Brazil. Sideshows include percussion bands, folk songs and children's performances. There is also a guaranteed wide range of vendors selling souvenirs, food and drinks. After the festival, enjoy a delightful 40 minute evening cruise down Sumida River. View the unique bridges arching over the river and the array of evening lights of downtown Tokyo. Adults: \$15 • Youths: \$12

Infants: \$9



KATSUNUMA GRAPE PICKING. **BBQ & WINERY**

Sunday, 28 August

Depart: 7:30 am • Return: 6:30 pm This tour will take you to the Katsunuma Grape Farm in the scenic Yamanashi Prefecture for grape picking. Most enjoyable is the all you can pick and eat in 30 minutes! Afterwards, you will be treated to a barbeque lunch. Finally, visit the Katsunuma Winery, where you will be able to sample their wine products for free.

Adults: \$39 • Youths: \$35

Infants: \$19



PET KENNELS VIPTREATMENT

The Pet Boarding Kennels caring staff will assure that your pets get the special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15/dog kennel and \$10/cat kennel. Weekly & monthly fee are available. PCS status has priority. Call 263-5915 for more information.



Summer Special on Vans & Gear!



Weekend Package - \$125 Starts 4 pm, Friday & ends Sunday Night.

Weekday Package - \$105 Starts 10 am, Tuesday & ends 10 am, Thursday.

Both Packages Include:

- Van Rental Charges & Refueling
- 4-6 man Camping Tent
- 4 Sleeping Bags
- Battery/Propane Lantern
- Propane Stove
- Ice Chest/Beverage Cooler & Ice
- Packages may not be used in conjunction with Holidays.
- *Package price is only applicable towards dates and times listed above.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE 644-4110

• Family Advocacy

cuba Locker, 644-4290.

We are now open extended

and Sunday, 8 am - 6 pm;

opportunity of a lifetime...

hours on weekends; Saturday

Monday, Thursday and Friday,

10 am - 6 pm. Don't miss the

Dive with a Whale Shark! The

water is warming up so hurry

and sign up for dive class. We

staff and offer everything from

training. A limited time special

offer from ScubaPro: you can

receive a \$150 rebate if you

take a continuing education

course plus purchase a new

top of the line equipment. Visit

the Scuba Locker for details.

Did you know that the Scuba

Locker offers free air fills to all

ID card holders?

refreshers to instructor level

have a seasoned qualified

The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106 or Janet Schnering at 644-4908.

• Exceptional Family Member Program

The Army Exceptional Family Member Program (EFMP) is designed to assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing needs for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compas-

sionate way. The point of contact for information or assistance is Cheryl Hogan at 644-4106.

• Budgeting and Planning

What is your debt to income ratio? How do you compare with your peers? Learn how to figure your debt / income ratio, learn to budget your finances and plan for your future. All this awaits you in the ACS Conference Room (Building 236) on August 3, from 9 - 11 am. Contact Patty Bellinger at 644-4454 to register.

• Financial Planning and Basic Investing Class

The key to good investing is to have a good financial plan. If you are interested in investing, or if you want to see what steps you need to take to be ready to invest, we have the class for you. The Financial Planning and Investing Class will be held August 17th, 9 - 11 am, in the ACS Conference Room (Bldg. 236). Call 644-4378 to register.

• Family Subsistence Supplemental Allowance (FSSA)

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program. Please contact Patty Bellinger at 644-4378 for



For information, contact The Torii Physical Fitness Center at 644-4334/4144, or e-mail: james.perry@okinawa.army.mil

eligibility requirements.

• Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please contact the Financial Readiness Program Manager, Patty Bellinger, at 644-4378 for assistance.

• Financial Planning and Basic Investing Class

The key to good investing is to have a good financial plan. If you are interested in investing, or if you want to see what steps you need to take to be ready to invest, we have the class for you. The Financial Planning and Investing Class will be held 17 August, 9 - 11 am, in the ACS Conference Room (Bldg. 236). Call 644-4378 to register.

• Relocation Readiness Assistance Program 644-4385

Relocation Assistance

The Relocation Program assists Soldiers and their family members with the stresses and problems they may encounter throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

• Welcome Packet

If you are new to Okinawa, or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2-3 packets are needed.

• Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

• Sponsorship Training

Learn to be an efficient and effective

sponsor to enhance the next newcomer's relocation experience. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units. Call 644-4385 to make arrangements.

SPORTS, 644-4334

• Army Okinawa Payday Golf Scramble

Monday, 1 August, 8 am, at the Banyan Tree Golf Course at Kadena. Team composition:

3 or 4 person teams

Entry Fee:

E-4 and below: \$24 Other SOFA: \$27.50 MLC/IHA: ¥ 5,100 (\$51) LN Guests: ¥ 9,800 (\$98)

Sign up at the Torii Station Sports and Fitness Center, Bldg 275, NLT COB 9 business days before the event. Call 644-4334 or e-mail james.perry@okinawa.army.mil for more information.

Army Okinawa invites you to participate in our monthly Payday Golf Scramble. Come join us for a morning of recreational golfing at the Kadena Golf Course. The payday golf scramble is an excellent social event, designed to further encour-

age participation in the game of golf. Sign up at the Torii Physical Fitness Center, Bldg 275. For more information call 644-4334 or e-mail james.perry@okinawa.army.mil

SWIMMING POOL, 644-4334

• Hours of Operation:

Thursday - Monday: 10 am - 7 pm

Tuesday - Wednesday: CLOSED The Torii Station swimming pool is the perfect place to cool off on those hot summer days. With a water slide, lap swim, free swim, and a baby pool, it has something for everyone.

AUTO CRAFT CENTER, 644-5612

• Hours of Operation:

Sun and Wed, Holiday: Closed Mon, Tue, Thu, Fri:

10 am - 7 pm Sat: 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

• Safety Orientation:

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before use of facility is authorized. The Auto Skills Center is available to solve your automotive problems with the help of our professionally trained

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 2 August, 8:30 am - noon, ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

Sponsorship does not imply endorsement by the U.S. Government

■ Torii Station, Okinawa MWR Activities • 644-4270

mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection, but we can prepare you for it.

• Classes: One-On-One

One class/\$20 a hour.

There is a class in different types of welding:

Gas Welding and Cutting

ARC Welding

MIG Welding

TIG Welding

Plasma Cutting and Safety Orientation is free.

OUTDOOR RECREATION 644-4698

• Hours of Operation:

Summer (May thru October) Open 7 days a week, 8 am - 7 pm

• Torii Beach Rental Service

Make reservations for use of the facilities at the Beach Office, Bldg T301.

Pavilions, Small: \$25

Medium: \$30 Large: \$40

"BBQ grill is included."

Center Stage: \$50 Main Stage: \$60

"Chairs, tables and grills are not in-

Camping, Family type/BBQ grill is included. - \$5 a day

Camping, Big Group type/chairs, tables and grills not included

Picnic Tables \$5 a day

Canopy: \$25

Canopy setup by our staff/ea: \$25 Free of charge: 200 foot water slide

FREE MOVIES

Torii's free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market", "This Week on Okinawa" and "Torii Newspaper".

ARTS AND CRAFTS CENTER 644-4303

Mon, Thu and Friday:

noon – 8 pm

Sat and Sun:

9 am - 5 pm

Tue, Wed and Holidays: Closed

• Classes and Services

Framing and matting classes are

available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! Lots of brand new adult and children's books are also available. Hours are Tuesday through Saturday, 10 am - 7 pm. The Library is located in Bldg. 248 across from the Education Center.

TORII BEACH CABIN, 644-4290 (RESERVATION)

Each cabin will sleep one to six people (max 4 adults), and are available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit the Torii Scuba Locker to check in/out. Check in time is 3 - 5 pm, Thu-Mon. Check out time is 11 am. Cabins are \$50 per night.

CORAL COVE CLUB, 644-4426/4400

All You Can Eat Pasta Bar

Every Tuesday, 4 - 10 pm, only \$6.95 in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and affredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

Sunday Breakfast

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95, and children under 5 eat free.

BBQ Night at Torii Beach (Steak: \$9.75 • Chicken: \$9 • Mahi Mahi: \$8)
 Every Thursday 5 - 8 pm, at Coral Cove Jr. on Torii Beach. Your choice of 8 oz ribeye steak, chicken breast, or mahi mahi with sides of baked beans, dinner rolls, cole slaw and a baked potato. Reservations required by 4 pm the preceding Wednesday.

••• Coral Cove's Lunch Menu •••

Monday	Tuesday	Wednesday	Thursday	Friday
Fried Chicken	2 Sweed & Sour Pork	3 Pasta Mania	4 Roast Turkey	5 Fried Catfish
B Chicken Adobo	9 Meat Loaf	10 Pasta Mania	Roast Turkey	12 Baked Mahi Mahi
15 Parmesan Chicken	Grilled Pork Chops	Pasta Mania	18 Roast Turkey	19 Fried Scallops
22 Cajun Roasted Chicken	Pepper Steak	Pasta Mania	25 Roast Turkey	26 Baked Salmon
Pork Cutlet	Roast Beef	Pasta Mania		

Entrees come with choice of potatoes or rice, chef's vegetables and bread / butter and iced tea.

■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday – Sunday 10 am - 6 pm

PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

CLASSES / LIFETIME SPORTS AND RECREATION PROGRAM

- Ladies Day, 10 and 24 August, 1
- Automotive Servicing, 10 and 24 August, 4:30 pm. In this class, you will learn to properly inspect and service your vehicle. Instruction includes checking oil levels, servicing and adding fluids, and tire inspection and inflation. Great for beginners.
- *Mechanics Club*, 3 and 17 August, 4:30 pm. Join us at Zama Auto Crafts to learn how to repair just about

PROFESSIONAL SERVICES.

Fuel Injection Cleaning Service: \$59.95 Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Oil System Cleaning Service: \$59.95
Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy litters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

anything. If it has wheels and an engine we will work together to fix it as a group. This is an excellent opportunity to learn how things work, troubleshooting, and the use of a variety of tools.

SERVICES

• Used Vehicle Courtesy Inspection We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• Prepaid cards for the car washes are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.



- Windshield Chip and Crack Repair. Prices start at \$30. Stop by for your appointment and estimate.
- Harley Davidson Products. On sale now at your Camp Zama Auto Crafts Shop.



■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE,	WELFARE AND	■ SAGAMI LOUNGE	268-4954	(All the following CDC facil	itiaa awa aman	densire a leve ala)
RECREATION	263-7611	Take Out	268-4142	(All the following CDC facil Central Registratio		263-4743
Army Community Se	rvices Branch	Lunch Mon-Fri Dinner Tue-Sat	1100-1300 1700-2000	Mon-Fri	0830-1	
■ Army Community Service	es 263-8327	Lounge/Game Room	1700-2000	Depot Dev Group I Mon-Fri	lome 0830-1	268-4625
Mon, Tue, Thu, Fri		Tue-Thu	1100-2200	Sagamihara CDC	0050-1	267-6564
Wed	0700-1500	Fri Sat	1100-2400 1630-2300	Mon-Fri	0530-1	
ZAMA Golf	Club	Open during lunch		Zama CDC Mon-Fri	0530-1	263-4992
20.00	202.4224			■ YOUTH SERVICES	0330-1	.000
Director of Golf Administrative Office	263-4224 263-4966	Community Recrea	tion Division	Depot Youth Cente		268-4625
(All the following golf activities of		■ ADMINISTRATIVE OFFI	CE 263-7935	Zama Youth Center Mon-Thu	1430-2	263-4500
Course/Starter	263-4975	■ ARTS & CRAFTS CENTE		Fri	1430-2	
Mon-Fri Weekends & US /	0700-1700 Japanese Holidays	Mon-Tue	Closed	Sat	1200-2	
Weekends & 657	0600-1700	Wed-Thu Fri, Sat & Sun	1300-2100 1000-1800	Sun School Age Service	1400-1 s (SHA)	267-6317
Restaurant	263-7665	Open during lunch	n	Mon-Fri	0630-1	.800
Mon, Tue, Thu, Fri Wed	0630-1700	■ AUTO CRAFTS SHOP	263-3615	Youth Sports	0900-1	263-5437
Weekends & US /		Mon-Tue Wed-Fri	Closed 1300-2100	Mon-Sat Open during l		.800
n ci	0530-1700	Sat-Sun	1000-1800	open damig.	urrerr	
Pro Shop Mon-Fri	263-5284 0645-1700	■ COMMUNITY CULTURA			EELCE	000 5000
Weekends & US /		Mon-Fri Sat, Sun & Hol	0900-2045 Closed	■ ADMINISTRATIVE C	FFICE	263-5962
Defedent Bounds	0545-1700	Open during lunch	n	Zama Lodgii	ng	
Driving Range Wed - Sat	Unattended Sunrise-2200	■ INTERNATIONAL TOUR	2 S 2 63-5273 1000-1800	■ ADMINISTRATIVE C	EEICE	263-3293
Mon	Sunrise-1930	Mon-Fri Open during lunch		Reservation Desk	FFICE	263-2775
Tuesday	1000-2200	■ LIBRARY		Front Desk		263-3830
Sun Chip Inn & Snack Stan	1600-2200 ad 263-5834	Zama Mon-Thu	263-3517 1000-2030	Open 24 hours/	7 days a weel	ζ
Mon-Fri	0800-1600	Fri- Sun & Hol	1000-2030	USAG-J Ok	inawa MWF	}
Weekends & Hol.	0700-1500	Open during lunch	n			
Community Operat	ions Division	Depot Tue-Thu	268-4523 1000-1800	■ MWR OFFICE ■ ARMY COMMUNITY	CEDVICE	644-5396
		Fri & Sat	0900-1700	Director	SERVICE	644-4110
■ ADMINISTRATIVE OFFI	CE 263-4452 263-5614	Sun, Mon	Closed	Receptionist		644-4175
■ BOWLING CENTER ZAI		Open during lunch Sagamihara	267-6603	Relocation Coordin Outreach/Volunteer		644-4385
Mon-Wed, Sat-Sun		Tue-Thu	1000-1900	Finance/Consumer		644-4378
Thu & Fri Holidays	1100-2230 Closed	Fri-Sat	0900-1800	School Liaison Offic	cer	644-4908
■ BOWLING CENTER DEP		Sun, Mon & Hol Closed for lunch	Closed 1400-1500	Family Advocacy AF TB / AFAP Mana	ıger	644-4106 644-4743
Tue - Sat	1100-2000	■ OUTDOOR RECREATION		■ ARTS & CRAFT CEN		644-4303
Sun - Mon ZAMA COMMUNITY CL	Closed UB 263-4133	US Holidays	Closed	Lobby	MINITY CI	644-4706
Lunch	CD 200 1100	Vehicle Rental/Equipme Mon-Fri	0900-1730	Business Manager	MUNITY CL	ов 644-4894
Tue-Thu	1045-1315	Sat-Sun	0800-1600	Lounge		644-4306
Sunday Brunch Cashier & Game Room	1000-1330	Open during lunch		Cashier Cage		644-4426
Sun-Thu	1000-2300	Local Tours Mon-Fri	263-4671 0900-1730	Kitchen ■ LIBRARY		644-4505 644-4468
Fri	1000-0230	Open during lunch	n	Staff Room		644-5335
Sat Catering	1000-0330 263-4204	Animal Boarding Kenne		■ MARKETING	1 .	644-4703
Tue, Thu & Fri	0930-1730	Mon-Fri Sat-Sun	1000-1700 1000-1600	Commercial Sponso Graphic/Illustration		644-4495 644-4665
Wed	Appts Only	Closed for lunch	1230-1330	■ MOVIÈ THEATER		644-4381
Café Roberto Tue-Thu & Sun	1100-2200	■ POOLS	263-5656	■ SPORTS/OUTDOOR		644-4144
Fri	1100-0100	YANO Mon-Fri	263-5037 0600-1800	Customer Svc/Pavil Sports Specialist	ion kentai	644-4334 644-4797
Sat	1100-0100	Sat-Sun, Holidays	1000-1800	Event Coordinator		644-4169
Cornerstone Game Roo Tue-Thu & Sun	om (no bar) 1000-2300	SHA (Summer)	267-6122	Swimming Pool		644-4389
Fri	1000-0330	Mon-Tue & Fri Sat-Sun	1200-1800 1100-1800	Scuba Locker Retail Sales		644-4795 644-4290
Sat	1000-0230	Wed-Thu	Closed	Equipment Issue		644-4263
Eda's Seafood & Filet Thu & Sun	1700-2100	DEPOT (Summer)	268-4840	Parks, Picnic & Bea	ch	644-4698
Fri & Sat	1700-2200	Wed-Sat Sun-Tue	1200-1800 Closed	Kure Har	bor Club	
Firelite Lounge	1.620.2200	■ SPORTS/FITNESS CENT				
Sun, Tue-Thu Fri	1630-2300 1630-0330	Zama	0720 2020	■ MWR Office	0800-1630	256-2580
Sat	1900-0230	Mon-Fri Sat-Sun, Holidays	0530-2030 1000-1800	■ Outdoor Recreation	0900/1700	256-2581 256-2575
USA Dining Room	1700 2100	Sagamihara	267-6762	■ Dining Room		
Tue, Thu & Sun Wed	1700-2100 Closed	Mon-Sun Donot	Open 24 hrs	Mon-Fri (Breakfast)		
Fri-Sat	1700-2200	Depot Mon-Fri	268-4729 1100-2000	Mon-Fri (Lunch) Tue-Sat (Dinner)	1130-1300 1630-2000	
HOB NOB INN	267-6097	Sat-Sun	1000-1800	■ Bar		
Lounge & Game Room Mon, Tue- Thu	1630 - 2100	Holiday	1000-1800	Mon Tuo Cat	1630-2000	
Wed	1630 - 2300	Child and Youth Serv	vices Branch	Tue-Sat ■ PX / CLASS 6	1630-2200	
I F.C.	1620 0100				2222 1 222	
Fri, Sat	1630 - 0100			Mon-Fri	0900-1730	
Sat Sun	1900 - 0100 1900 - 0100 Closed	■ ADMINISTRATIVE OFFI ■ Child & YS Coordinator	CE 263-5701 263-8086	Mon-Fri Sat	0900-1730 1130-1530	

The 16th Annual Ekiden Friendship Road Relay

Sunday 2 October, 8:30 am 5 pm Sagami General Depot

The Cutoff date for registration is 15 August (unfortunately, this date can not be extended).

- SOFA personnel are invited by the Kanagawa Running Club to participate FREE.
- There is a special awards category for SOFA participants.....awards will be presented to the first 3 places for (1) men under 40,
 (2) men over 40, and (3) women's division.
- Please note: to qualify for the special SOFA awards all participants for the team must have SOFA status.

To register, and for additional information, please phone 263-7980.



FAMILY NIGHT

Camp Zama Community Club • Ballroom

Wednesday, 24 August ● 5–8 pm

Adults: \$6.95 • Ages 8-12: \$4.95 Ages 4-7: \$3.95 • Ages 3 & Under: Free

More Information: 263-4547

